

Baseball Tefillah

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1. Have everyone wear a sports shirts to services.
2. Intro- we are a team and our goal is to have a meaningful and joyous tfillah experience. Team sports vs. individual sports.
3. In baseball, our heros fail most of the time but they always try. You may not make a homerun but you will learn more from the experience.
4. The game has rules but everything is interpreted by the player. No two players do it the same way.
5. Getting into the zone/ kavanah
6. Birkot hashachar stretches- warming up
7. Barchu- getting focused. Locker room talk. Play ball!
8. Shma- close our eyes, focus more.
9. Amidah- bottom of the ninth, bases loaded. Most important and intense moment!
10. Starts to cool down.
11. Adon Olam to "take me out to the ballgame"
12. High fives and Kol hakavods for a good game!!