

Title: Limudim for USY Fall Kinnus 2008

- A) Judaism's view on war
- B) How does music affect prayer?
- C) Movements within prayer
- D) Q and A with Rav Jen
- E) Experience Israel in the Morning

Authors/Creators of the program:

Ayelet Seed, ECRUSY Rel/Ed VP 2008-2009

What type of Program is This:

Rel/Ed

Program Summary:

- A) This limud will look at Judaism's view of war and looking at the ethical side.
- B) This limud will look at how niggunim and music affect prayer. (For example, if one were asked to **say** the second paragraph they probably will not remember that but if they were asked to **sing** it they would be able to). I might also look at some songs in the secular world that their verses are taken from religious texts.
- C) This limud will look at why we bow and move during tiffilot.
- D) This Heschel session continuing the discussion from Spring Convention about Conservative Judaism and the like.
- E) The Kotel will be projected during Shacharit to give everyone the feel of davening at the Kotel and in Israel.

Materials:

I will just need the actual limudim copied for all the leaders. These limudim can be done any where.

The Heschel session does not need anything copied and can be done anywhere.

In order to project the Kotel we will need a projector and a maybe a screen. We will also need to either have internet connection or take a video off the internet prior to convention.

Who will be leading this program:

The limudim will be led by the REB and if needed by the co-chairs.

The Heschel session will be led by Jen.

No one needs to lead the Kotel experience but I will explain about it briefly before tiffilot begin.

Are groups required?

Only the limudim need to be done in groups of about 10-15 people each.

Detailed instructions on how to run the program:

A)-C): For the limudim it will just be following the questions that are going to be on the individual sheets for each limud.

D): For the Heschel session it will just be a Q and A session led by Rav Jen

E): No instructions are needed to lead this.

Icebreakers – Fall 2008
Emma Pascoe, Mem/Kad ECRUSY 2008-2009

Approx 15 kids per group
Rotate stations after 15 minutes

Human Bingo – Kids walk around with the sheet (Next page) and find a person that fits the description, using each person only once. See how fast you can fill your board!

M&M – Each person takes an M&M. Based on the colour, they have to say something different about them self.

Red → Most embarrassing moment

Blue → The last time they said sorry

Yellow → The last time they laughed so hard they peed their pants!

Brown → Brag about yourself

Green → Their hidden talent

Power – Sit in a circle. To pass the “power” around the circle you wave your hand like this ~ and say “nyow” (electrical noise). To skip a person, slap your knees and say “bounce!” To skip 2 people, move your fist in the direction that the power is going and say “boooooost!” To refuse the power, make a blocking motion with your hands in front of your face and yell “STUFF IT!”

Shoe Game – Everyone takes off one shoe and puts it in the middle of the circle. Then, on the word “go” everyone takes a shoe and goes to find its owner. They then have to have a conversation with them.

Bang – One person stands in the middle of the circle. They call out the name of someone in the circle. That person has to duck while the 2 people around them point to each other and yell “Bang.” If the center person doesn’t duck, they are out. Otherwise, the last person to say bang is out. (Depending on how many people we get, we’ll eliminate this game if they’re aren’t enough kids for 5 groups of about 15)

Person with glasses, but wears contacts	Person with a green shirt	Person who plays hockey	Person who's favorite colour is red	Person with a shirt from Old navy
Person with a brother	Person with a dog	Person who wasn't born in the city they now live in	Person who is craving French fries right now	Person who likes pizza
Person who does dance	Person who is good at math	Person who likes history	Person who watches Lost	Person who has homework they should be doing this weekend
Person for whom this is his/her first kinnus	Person who has been to 9 or more USY conventions	Person who has been on a USY Summer Program	Person who is thinking about Nativ	Person who is on chapter board

Title: Israel from Bumper to Bumper

Program Basics: learning about Israel's social issues through something that is seen everywhere in Israel: bumper stickers!

Authors/Creators of the program: Well, really, it's my staff from pilgrimage, so a HUGE thanks to them. But I am changing it and fine tuning it to fit a larger group. (Samara Strub, I/A VP ECRUSY 2008-2009)

What type of Program is This: This is an educational, Israel Affairs, social program. Triple whammy.

Program Summary: Hadag Nachash has created the sticker song (or Shirat Hasticker), which will be played and discussed. Every person will be handed one of the following: a bumper sticker, an explanation, OR a translation. They should match up the explanation to the sticker to its translation and sit in those groups. Groups will discuss what they think the sticker really means. The true meaning will be revealed, and thus culture in Israel is taught to the group. After learning about all of the stickers, the stickers will be placed around the room and individuals will have a chance to go and sit by a sticker that they feel connected with. They will discuss why and how they feel connected to each sticker while in these groups.

Materials:

- Shirat Hasticker (attached) copy for every other person
- Bumper stickers, explanation, and translations (printed either on index cards for durability or laminated pieces of paper)
- Speakers
- Ipod with Shirat Hasticker (I can supply this)
- Link to speakers for Ipod

Who will be leading this program: To organize this efficiently, REB will hand out each laminated piece of paper to all participants. There will only be a variety of 15 bumper stickers, so that's 45 pieces of paper and we can have doubles of some bumper stickers. Afterwards, once the participants have found the stickers they connect with, an REB member, staff member, of Co-Chair will go to each group to organize discussion (this is just to ensure everyone stays on topic). I will facilitate the program by explaining each bumper sticker after everyone has

found their groups. A slideshow could be used for this if a computer and projector is available.

Are groups required? Groups are not required because the program makes the groups as it goes along. Group leaders (REB, Co-chairs, and staff) will be needed to organize discussion in the groups once they are formed.

Detailed instructions on how to run the program:

1. Have the following ready to go: laminated stickers, explanations, and translations. Make sure all REB members have a list of all the matching ones to help facilitate the program.
2. Make sure the speakers are working with the ipod.
3. Hand out Shirat Hasticker and explain what the song is.
4. Listen to Shirat Hasticker. Dancing quietly to yourself is optional.
5. Explain that each line is an actual bumper sticker and hand out materials – make sure every person has ONE material. Make sure ALL materials are handed out, otherwise someone will be left without corresponding explanation, etc.
6. After groups have found their matches, explain what each sticker really means. Go group by group, but talk to all the participants so everyone learns about every sticker.
7. Everyone should now be aware of what each sticker means. Keep all explanations, etc of each sticker together in various areas around the room.
8. Instruct individuals to go and sit by a sticker with which they feel a connection.
9. Group leaders (REB, staff, Co-Chairs) lead discussion in each group on how they all connect to each sticker.
10. Optional listen to Shirat Hasticker and dance.

Discussions should last for at least 5 minutes.

DONE!

Title: **Torah goes green**

Authors/Creators of the program Ilana Guslits and Simon Edwards

What type of Program is This: Rel/ed

Program Summary: Quotes from the Torah and other Jewish scripture (ex. Rashi) interpreted and discussed in relation to present environmentally conscious lifestyles.

Materials: Indoors, enough space for several groups to sit far enough away from each other so that conversations are intimate. Chairs or couches would be nice but if not, sitting on the floor is an option. **Siddurim** are the only materials needed.

Who will be leading this program: co-chairs and REB

Are groups required? Ideal group size: 10, not including the leaders. Number of groups doesn't make a difference

Detailed instructions on how to run the program:

Begin by introducing the program as Torah goes green: an introduction to Jewish environmentalism. Pass out a siddur to each group member and ask them to search for one line (English or Hebrew) that they think pertains to the environment. Give everyone a few minutes to search, and then when they are all ready, go around the group and ask them to tell everyone the page number and read out the quote and say what they think about this quote. Discussion within the group about individual's quotes is encouraged. Continue around the group until everyone has had a chance to read their quote. After this activity, the leader will have a sheet with several quotes from Jewish scripture that they can read themselves or pass around and a group member volunteers to read. A short description/interpretation will be under each quote to also be read. Then the group can discuss the quote and how it can be related to the present. That's it! Simple but educational.

Title: **Psychedelic tie-dye**

Authors/creators: Ilana Guslits and Simon Edwards

What type of program?: Social/ed/SATO

Program Summary: USYers bring their own old white t-shirts, and for those who forget we will sell plain white t-shirts for SATO, and they will tie-dye them in 2 different varieties of colour to be used later for the capture the flag activity. Re-using t-shirts is eco-chic and it reduces profits given to sweat shops.

Materials: **tie-dye** (preferred colours: blue and purple for one team, and green and yellow for the other).

Plain white t-shirts (please put a reminder on the packing list for USYers to bring their own) for those who forget. Hanes makes good mens v-necks that are like 7 dollars for 3, yes I know probably made in china☹ but if they are cheap the extra profit can go to SATO.

Rubber gloves.

plastic garbage bags or a tarp to cover the area so that the dye doesn't make a huge mess. Outdoors would be easiest for clean up but if weather doesn't allow, indoors but must be careful with dye.

Who will be leading: Co-chairs and staff

Groups: 2 separate groups divided by their capture the flag teams

Detailed instructions: USYers told to bring their plain white tees. We will sell some for SATO for those who forgot. split into groups and sent to applicable tie-dye stations. A little blurb read by Simon and me about reusing old clothes and reducing over-consumption of materials. Tie-dye shirts and when finished hang to dry. NOTE: this program must be done early enough before capture the flag so that the shirts have time to dry.

Title: **Jewish tree of life**

Creators: Ilana Guslits and Simon Edwards

Type of Program: rel/ed

Program Summary: groups will create their own interpretation on how the life of a Jew is like a tree by drawing a diagram.

Materials: **large sheets of paper, maybe a roll of butcher paper** For groups to draw their tree on.

Lots of markers

Large space where groups can spread out. No chairs or tables necessary, floor is best.

Leaders: co-chairs and REB members

Groups: 6-8 is ideal

Detailed Instructions: before USYers are split into groups, Simon & I will explain the activity to the entire group. We will tell them that each group must create a tree that they think represents the life of a Jew. If they wish, they can create a different environmental symbol to use as a metaphorical life-line. Then they are split into groups and given a large sheet of paper and markers to create their tree. Leaders are not needed for each group but will walk around and help out groups if they have any questions. When groups are done drawing, each group will chose 2 representatives to send to present their poster to the entire group.